

NFBC NEWSLETTER

Dates to Remember

Club Administration
Elections

General Meeting
October 19th

Karnath Party Ride
October 6th

Fall Trash & Treasure
October 13

Skulpture Park Hike & Bike
October 14

Falls & Locks Tour Wed.
October 17

Cider Ride
October 28

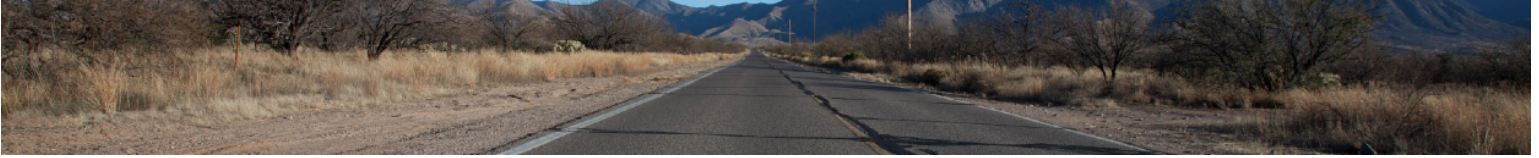
Inside

Details on all the above
Schedules PP 4 & 5



Carl & Joe Ride into Autumn

October! Another good riding month. Don't miss the Fall Trash and Treasure Ride and the other great rides on the schedule, including the Cider Ride that wraps up the season and the Karnath party ride on October 6th. Look inside for the details on the General Meeting and the Administrative Elections. There have been some proposed changes to the Administration and you can nominate others to the positions if you wish.



It's time to vote for the club administration.

The NFBC has a governing board made of four officers and five board members, all elected. Elected board members serve for a term of two years.

Elections take place at the Fall Membership Meeting (see below). All members are encouraged to attend the meeting and select our officers and board. Many people expressed interest in being Officers and/or Board Members. The nominating committee has chosen the candidates that they feel are the best for the continued success of the club. Nominations from the floor can be made at the meeting and a vote will be taken if there are other candidates who want to run for any of the offices or the board.

President - Brenda Fischer

Vice President - Liz Skelton

Secretary - Michelle Bates

Treasurer - Kathy Karnath

Board Member - Cindy Adams

Board Member - Bradshaw Hovey

Board Member - Charles Grammer

Board Member - Jen Adolf

Board Member - Jim Turner

Fall General Meeting

Friday, October 19th 2018

Harris Hill Fire Hall

8630 Main St., Williamsville NY 14221

7:00 PM

www.nfbc.com

Oktoberfest-Octoberfun 2018 Party Ride:

Brats, kraut, brezen, & beer. It must mean Oktoberfest is here. NFBC's own Volksfest and Theresienwiese is near. It's under a tent with pint and a cheer. Lederhosen or a dirndl might be your gear. Then "O'zapft is!" ("It's tapped!") the call goes out, & time to quaff a Marzen I have no doubt. So lift your stein and "Prosit" we'll shout!

When: Saturday October 6th

Where: Ride Start @ UB Richmond Lot; Party @ Karnath's House

Time: Ride Start: 10:00 A.M.

Menu: Bratwurst, Kraut, Brezen (Bavarian pretzels), limburger & leberwurst. If you have a favorite German recipe, please show it off by bringing a dish to pass.

If it's a beer you enjoy, a German-style Marzen Pilsner (most often called Oktoberfest beer) will carry the theme. For wine, the Germans make excellent Rieslings

and Liebfraumilch- if a bit sweet. "Prosit" is the German toast to a person's good health and is what is shouted when lifting a pint at Oktoberfest. **So come to the party ride and "Prosit" we'll shout.**



Welcome New Members

Rick Widman, Dawn & George Danyluk.

There are 391 members of the NFBC. Renewals: 320 New members: 71.

WEEKEND RIDE SCHEDULE

October 2018

We Ride Every Day

Page 4

938	Karnath Party Ride (New, Party, Special Event)	Sat, Oct 6	2:00 PM	Richmond Lot (off Frontier Rd, Ellicott Complex, SUNY at Buffalo), Amherst	~20		EZ	Jim Karnath (716-316-6249)
409	The Burrough	Sat, Oct 6	10:00 AM	Elma Meadows Park (Girdle & Rice Rds), Elma	40 / 22	2300 / 1000	DIFF / MOD	Bradshaw Hovey (716-857-0906)
719	Creek Road Revised	Sun, Oct 7	10:00 AM	E. Pembroke Central School (approx. 4.75 miles East of Rt. 77), East Pembroke	33 / 23	1480 / 400	MD / EZ	NEEDS LEADER. VOLUNTEER HERE.
402	Sisson Highway	Sun, Oct 7	10:00 AM	Parking Lot behind fire hall, Hamburg	58 / 32	3100 / 1300	XD / MD	Charles Grammer (716-713-1469)
746	Ebenezer Scootch	Mon, Oct 8	10:00 AM	West Seneca Town Hall, West Seneca	44 / 33	1210	MD / MOD	Richard Swank (992-2404)
364	Fall Trash & Treasure	Sat, Oct 13	10:00 AM	Chestnut Ridge Park (Casino Lot), Orchard Park	28 / 24	1800 / 600	DIFF / EZ	John Herman (716-6988222)
287	Skulpture Park Bike & Hike	Sun, Oct 14	10:00 AM	Griffis Sculpture Park (RT 219 to Ashford Hollow, R on Ahrens, L at Y, R on Mill Valley (CR 75), to lower lot on R), East Otto	34+	1200 / 700	MOD / EZ	Pat Danaher (310-8136)
774	Northtowns Tour	Sun, Oct 14	10:00 AM	West Canal Park (Near Niag. Falls Blvd), Pendleton	37 / 31	390 / 295	EZ	NEEDS LEADER. VOLUNTEER HERE.
721	Falls and Locks Tour (International, Special Event)	Wed, Oct 17	10:00 AM	Niagara Falls City Hall (Niagara Falls City Hall), Niagara Falls	55 / 45	2100 / 1800	EZ	Elizabeth Skelton (716-400-6091)
744	Oak Orchard	Sat, Oct 20	10:00 AM	Russel Town Park (Clinton & Main St.), Akron	46 / 34		MOD	Tim Cleary (807-7174)
27	Hamburg to Lake Erie	Sat, Oct 20	10:00 AM	Parking Lot behind fire hall, Hamburg	36 / 26	660	EZ	David Gonzalez (649-4998)
761	East Amherst - Akron Falls	Sun, Oct 21	10:00 AM	Williamsville East High School (off of Klein, E. Amherst), Amherst	40 / 30	601 / 358	EZ	James Turner (716-7417762)
426	Belcher	Sun, Oct 21	10:00 AM	Chestnut Ridge Park (Casino Lot), Orchard Park	32 / 21		DIFF	Carl Mach (685-0832)
903	Elma Day Ride	Sat, Oct 27	10:00 AM	Elma Meadows Park (Girdle & Rice Rds), Elma	~23-28		DIFF / MOD	Loren Danaher (716-430-1600)
399	Como Park Cider Ride	Sun, Oct 28	10:00 AM	Como Park (First parking lot on the right from the Como Park Blvd entrance), Lancaster	33 / 24 / 21	820 / 486 / 453	MOD / EZ	Fred Marcheson (870-2112)

WEEKDAY RIDE SCHEDULE

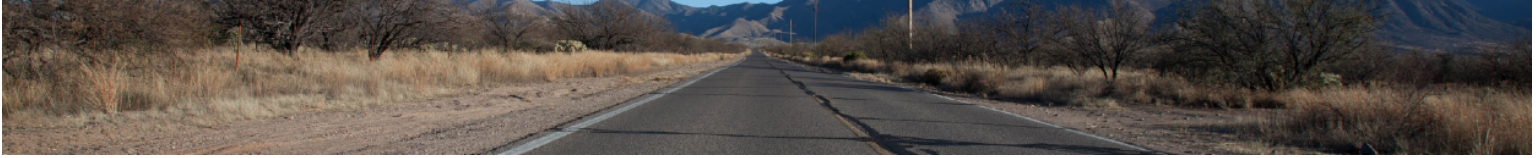
Day	Time	Ride Start	Ride Leader
Monday	AM	Wendelville Firehall, 7340 Campbell Blvd. at Tonawanda Crk. Rd., Pendleton	Bob Alessi, 694-0853
Tuesday	AM	Ellicott Creek Island Park (off Niagara Falls Blvd. on Creekside), Tonawanda	Joe Pizzuto, 982-4142
	PM		
Wednesday	AM	Municipal Parking Lot, S. Buffalo & E. Quaker Rds., Orchard Park	Fred Marcheson, 870-2112
Thursday	AM	Como Park, first parking lot on the right from Como Park Blvd. entrance, Lancaster	Karen Sprada, 684-9039
Friday	AM	Community of Christ Church, 5030 Thompson Rd., Clarence	Jack Rimlinger, 741-8512
Saturday	AM	Richmond Parking Lot (at Ellicott Complex) off Frontier Rd., UB North Campus, Amherst	Brad Chase, 632-5636
Sunday	AM	Erie Basin Marina, parking lot by the Hatch, Buffalo	Ian Currie, 601-7390

Day of the Week Start Times

Saturday and Sunday Breakfast Rides: 9:00 AM all season. (Members usually stop for a quick diner breakfast)

Weekday Morning Rides: 10:00 AM in April, May, Sept. & Oct.; 9:00 AM in June, July & Aug.

Weekday Evening Rides: 6:00 PM in April & Sept.; 6:30 PM in May through Aug.



Cindy Adams has followed her successful Club trips to Elmira in 2016 and Waterloo in 2017 with another splendid trip to the Hudson Valley this year!

With last-minute cancellations and additions, about 30 NFBC members made the trip: five days of riding, with nine different ride choices ranging from 17 miles to 50 miles in distance, and from 840 feet to 2700 feet of elevation change. Some riders climbed hills they didn't know they could ride! Jen Adolf was dancing around the New Paltz parking lot after the hilly fifty-mile ride, chanting, "I did it! I did it!" It was rumored that a hill or two was walked, but there are no pictures, so that may have never happened....



The countryside and rides were gorgeous: hills, lakes, streams, the Hudson River, historic sites, and plenty of trees to provide shade. The weather was good, except that the Friday evening ride was rained out, and Saturday it was hot and humid. But, we made do. And the late Saturday rain broke the humidity so that Sunday and Monday were glorious!



Of course, Cindy charmed other members into helping with the details of the trip; NFBC runs on the many hours of its volunteers, after all! Thanks to Dennis Powell—routes; Bob Puleo—maps; Joan Charleson—picnic; Janice Powell—Amici's; Brenda Fischer and Cindy Stachowski—the 2012 version of this trip.

Highlights of the trip include:

- the picnic and barbecue in Bowdoin Park after the Saturday rides.
- the impromptu cookout and the eating of picnic leftovers on Sunday night on the hotel patio -- always a generous crowd, there was much sharing of "specialty drinks". And perhaps a bit of philosophizing?

- groups of cyclists riding together, enjoying the tour.
- mostly smooth roads and polite drivers.
- the final dinner at Amici's, the only time anyone got "lost" on the trip.
- having lunch or dinner in some charming towns in the Hudson Valley: New Paltz, Rhinebeck, and, of course, Poughkeepsie itself.
- touring historical sites: the Eleanor Roosevelt National Historical Site, the Vanderbilt Estate, and the FDR Library, for example.
- relaxing in the great pool after (or instead of) the rides. Some investment in noodles was required here....



Up next is the Club Trip for 2019: Cindy needs a year off, so where will YOU take us?



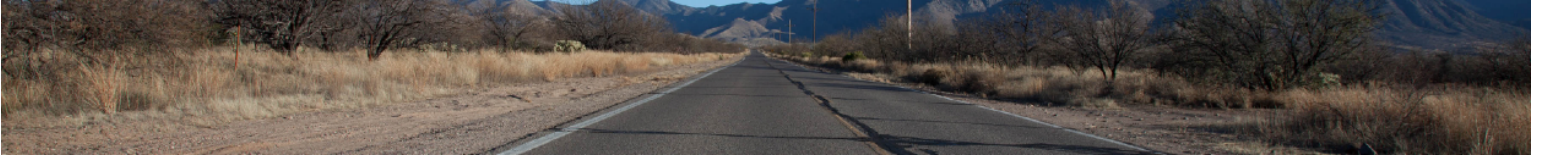
**Club
Picnic**



**Thanks Jack
and
Volunteers!!!!**



Enjoyed by 115 hungry members



Sandy's Parking lot Picnic, Thanks Sandy!

Kazoo Ride
Thanks Joan &
Michele!





NFBC Newsletter Deadline

The deadline for submission of articles to the Newsletter is the twelfth (12th) of the month preceding the month in which the information is to appear. We welcome articles or story ideas about club members or club activities and digital pictures of either, with captions. Send to Joan Charleson or Mike Maher.

Party Rules

For NFBC members, biking is number one followed by socializing with friends. Get togethers are organized by volunteers in the club who enjoy hosting parties. The host(ess) supplies the facility, main course, soft drinks and, of course, time and energy. Those who attend bring a dish to share, a beverage of their choice, and funds for the "kitty" to offset the expenses of the host. Bring a lawn chair. Be a welcomed party goer and do your share to make these get togethers continued successes for the club.

Help Spread Sunshine

On behalf of the NFBC we will send a note of cheer to someone who may need it. Notify Terry Turski (tturski@aol.com. 688-8904) or Robert Nowinski. Club President. NFBC cares about its people!

NIAGARA FRONTIER BICYCLE CLUB

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jcochran@buffalo.edu



NIAGARA FRONTIER BICYCLE CLUB MEMBERSHIP APPLICATION
NFBC/LAB RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

In consideration of being permitted to participate in any way in the NFBC sponsored bicycling activity, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of this bicycling activity, and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

2. FULLY UNDERSTAND that (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death; (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the activity, the conditions in which the activity takes place, or the negligence of the releasees named below; (c) there may be other risks and social and economic losses whether not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in this activity.

3. HEREBY RELEASE, discharge and covenant not to sue the NFBC, the LAB, their respective administrators, directors, agents, officers, volunteers and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage or cost which may occur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE, AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE NOTWITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT. FURTHERMORE, I HAVE ALSO READ AND UNDERSTAND THE RESPONSIBILITIES OF A RIDER (see NFBC website).

NAME _____

STREET _____

CITY _____ Address Change? Y N

STATE _____ ZIP _____ PHONE _____

PRIMARY EMAIL _____ Email Change ? Y N

SECONDARY EMAIL _____ Email Change ? Y N

PRIMARY MEMBER/GUARDIAN SIGNATURE DATE BIRTHDATE if under 18 MEMBER # _____

ADDITIONAL MEMBERS: (Family membership includes any 2 adults and their children under 18 living at the same address)

MEMBERSHIP FEE: Individual - \$20 _____ Renewing _____ OR New _____

Family - \$30 _____



SUPPORT THE LOCAL BIKE SHOPS THAT SUPPORT YOUR NFBC



Tom Lonzi
Owner

3687 Walden Avenue
716.651.9995

9430 Transit Road
716.688.2453

tlonzi@tomsprobike.com



Bertsbikes.com

*Bicycles & Fitness
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John Jansen
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Fax: 716-633-1139

Henrietta: 100 Jay Scutti Blvd.
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Phone: 585-424-2777
Fax: 585-424-7492



716-835-0334

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(Corner of Englewood & Starin)

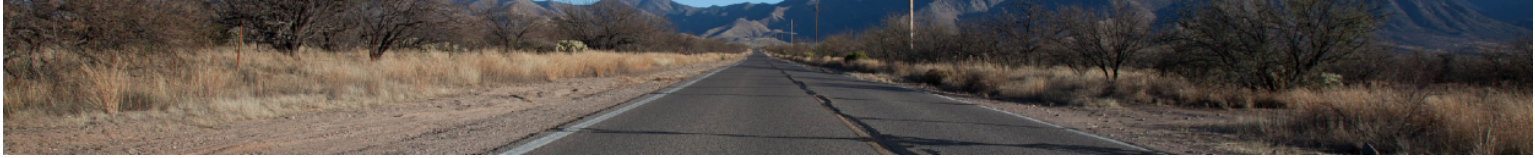
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Niagara Frontier Bicycle Club

